

strictly
education



Help Employee Assistance Programme

Our Help Employee Assistance Programme is the most cost-effective way of promoting staff health and wellbeing in your school

Confidential support 24 hours a day, 7 days a week for all your school staff for only **£9.95** per employee

HELP

HELP | Employee Assistance



Poor staff health and wellbeing not only results in higher sickness absence costs, but it leads to increased employee turnover and difficulty in recruiting and retaining high-quality staff

Our Help Employee Assistance Programme is perfect for the education sector

The service includes an online wellbeing platform that is a tool to help school employees take control of their health and wellbeing and is designed to highlight any risk factors and encourage health and personal resilience



In association with
Optima Health

Find out more, contact

services@strictlyeducation4s.co.uk

Call 0800 073 4444 (Option 3 HR Helpdesk)

www.strictlyeducation4s.co.uk
services@strictlyeducation4s.co.uk



Support for your school staff when they need it:

- A confidential freephone helpline available 24 hours a day, 7 days a week, 365 days a year for employees and their families to receive expert advice on personal, family, financial and legal issues
- Telephone assessment with a trained counsellor for personal problems, followed by up to six sessions of telephone or face-to-face counselling, or online e-cognitive behaviour therapy (e-cbt) as deemed clinically appropriate
- Access to an EAP website/information library for both employees and managers providing practical self-help information and guidance
- The provision of a wellbeing platform (Optimise) to aid identification of health and wellbeing risks, designed to empower employees to take greater control of their wellbeing. Users can access four different health risk assessments as well as a wealth of resources on wellbeing



You educate, we support

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